

4th Sunday of Ordinary Time

January 31, 2010

Jeremiah 1:4-5, 17-19,
1 Corinthians 12:31 -13:13
Luke 4:21-30

Psalm 71 *I will Sing of Your Salvation.*

The Silk Worm

I stood before a silk worm one day and that night, my heart said to me,
“I can do things like that, I can spin skies,
I can be woven into love
that can bring warmth to people,
I can be soft against a crying face,
I can be wings that lift and
I can travel on my thousand feet,
throughout the earth,
my sacks filled with the sacred”
And I replied to my heart,



“Dear, can you really do all those things?” And it
just nodded **'YES'** in Silence,
So we began and will never cease.

*May this poem of Rumi, inspire us to "spin skies"
during the coming year and be filled with the
Sacred.*

The Word of God to Jeremiah:

'Before I formed you in the womb, I knew you and before you were born, I consecrated you'.
I believe, I am precious in Your sight and I belong to You.

It's amazing how God is really in our hearts and His Love steers us to freely give. He gives us Light
and Love and we can reflect God's Light and Love to others.

Get in touch with the light within you. Watch it in silence, awe and respect.
It is the LIGHT of the DIVINE.

See the same divine light, in the many persons we encounter and also those persons who have
made a difference in our world and in our lives.

Touch the divine light in the poor, in the excluded, in the marginalized and in those searching.
Sense this divine light in those of different religions, in those that have differences in nationality
and in color.

Believe in the divine light in the hateful, in the arrogant, in the racists and in the ones willing to kill.
Seen or unseen, the divine light is there, ready to kindle, eager to expand and refusing to be tightly
constrained.

We are all, in the ONE LIGHT, part of the One Cosmic dance of Light and Life.

Sr. Gemma Pires, PBVM (British Columbia, Canada)